IFMSA-EGYPT
SINCE 1969

IFMSA-EGYPT
EXCHANGE

SCOPE
Professional Exchange

SCORE
Research Exchange

IFMSA-EGYPT

EXCHANGE

BOOKLET





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WELCOME Message

Welcome to IFMSA-Egypt!

At IFMSA-**Egypt**, we take pride in offering one of the best exchange programs in **IFMSA**. From top-tier academic quality to vibrant social programs, from passionate medical professionals to the warmth of our local exchange teams, we offer an experience like no other. Here, you won't just learn medicine; you'll live it, experiencing healthcare in a whole new way while making memories and friendships that will last a **lifetime**.

Whether you have already decided, considering, or simply exploring your options, this booklet will guide you through the opportunities, experiences, and structure of our exchange program. It is designed to help you discover what makes IFMSA-**Egypt** a **unique** destination for medical students from all over the world.

We invite you to explore the pages ahead and get a closer look at what IFMSA-**Egypt** has to offer. We hope it inspires you to become part of a journey filled with learning, discovery, and meaningful cultural exchange.

The pyramids may have stood for thousands of years, but the memories you make here will last just as long.
We hope to welcome you **soon**.

EVERY PAGE TELLS A STORY, AND BEHIND EVERY STORY IS A TEAM WORKING WITH HEART



Maram Mansour

IFMSA-Egypt NEO-In 25/26



Kareem Shawky

IFMSA-Egypt NORE 25/26



Moaaz Elsisi

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Hassan Haitham

AUSSS-Ain Shams





IFMSA-Egypt

SINCE 1969

The International Federation of Medical Students' Associations – Egypt (IFMSA-**Egypt**) is a student-led organization run by medical students for medical students. As a full member of the International Federation of Medical Students' Associations (**IFMSA**).

IFMSA-EGYPT
SINCE 1969

Full Member of

IFMSA
International Federation of Medical Students' Associations

IFMSA-**Egypt** represents over 80,000 Egyptian medical students through more than **36 Local Committees** across Egypt. Through its wide range of activities, projects, and training, IFMSA-**Egypt** strives to empower students to play an active role in shaping the future of healthcare and making meaningful contributions to their communities.

Among these opportunities is IFMSA-**Egypt** EXCHANGE Program, which offers medical students the opportunity to experience different healthcare systems, cultures, and academic environments around the world. Every year, IFMSA-**Egypt** proudly welcomes **incoming students from across the globe** while providing Egyptian students with life-changing exchange opportunities abroad.

IFMSA-Egypt

EXCHANGE

IFMSA-**Egypt** offers a wide variety of exchange opportunities through its exchange programs, including **SCOPE**, **SCORE**, **PHEx**, **GAP**, and **SCORA X-Change**, ensuring that students can find experiences that match both their academic and personal interests.





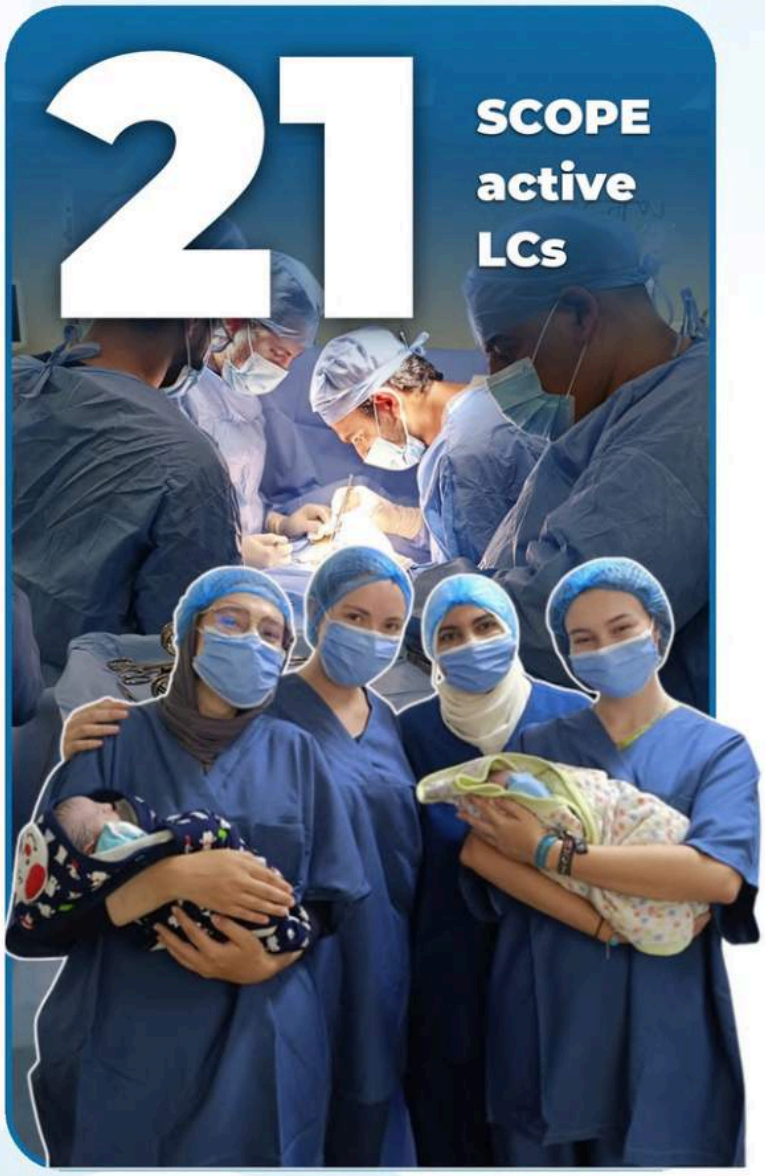




IFMSA-Egypt

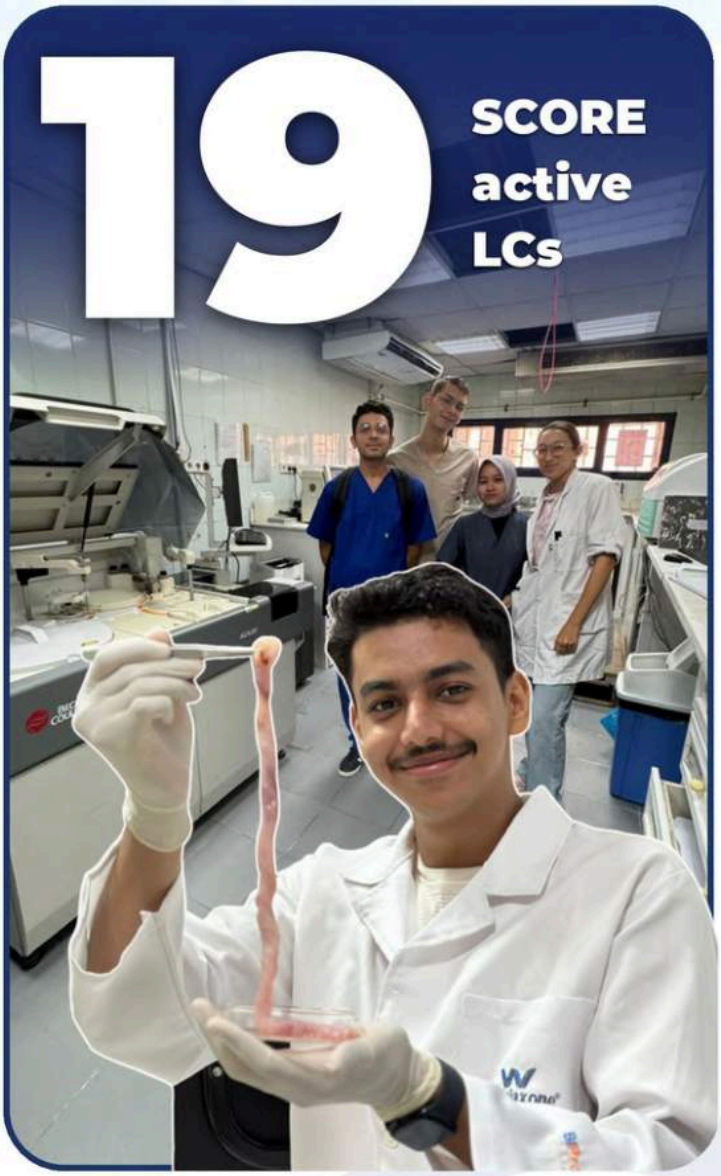
EXCHANGE

SCOPE



Incomings can explore over **45 departments** across a wide range of **medical** and **surgical** specialties. In addition to that we have **7 active PHEx** internships.

SCORE



We make sure our incomings have the variety of options they might love to have by having a very diverse list of more than **63 SCORE** Projects that address nearly all fields of medicine. In addition to **8 GAP Projects**.

IFMSA-Egypt

EXCHANGE

CAPACITY



IFMSA-Egypt is recognized for its high hosting capacity, making sure we have room to host all interested incomings. During the summer season alone (**July, August, and September**), We host more than **400 incomings**, reflecting one of the largest hosting capacities within **IFMSA**.

ALL YEAR LONG

ALL

12 MONTHS

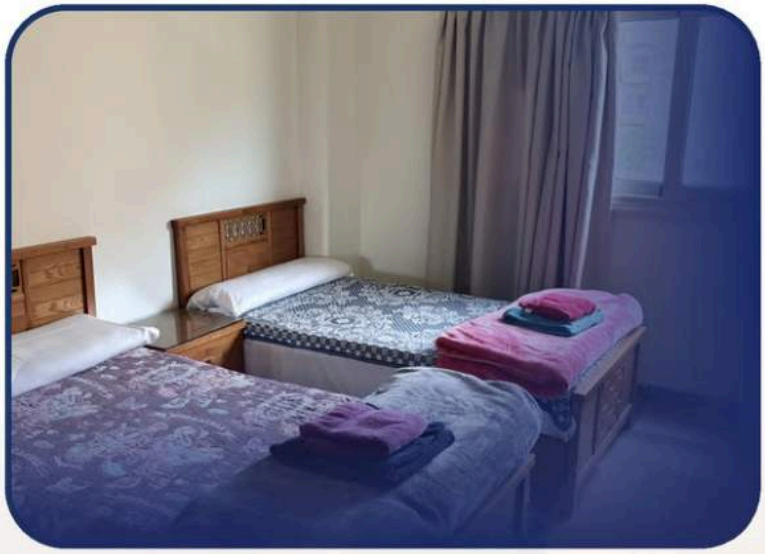
With exchange opportunities available throughout all 12 months of the year, incomings can choose the timing that best **fits their academic schedules** and personal preferences.

IFMSA-Egypt

EXCHANGE

LODGING & BOARDING

We have extreme measures to ensure that our lodging and boarding are of **the best quality** in **IFMSA**. To provide a comfortable and unforgettable experience for incomings, we offer lodging mainly through dorms and student apartments.





Boarding arrangements differ between LCs according to their arrangements, where students may receive either organized meals or pocket money during their exchange.

ACADEMIC QUALITY

1. The Guardians of Quality: LEOs, LOREs & CPs



IN IFMSA-Egypt we make sure our teams of LEOs, LOREs, and CPs are well-prepared, well-trained, and **highly skilled**.

Through a continuous cycle of training, sessions, and capacity-building activities throughout the year, they are equipped to ensure the **best exchange experience**.



ACADEMIC QUALITY

1. The Guardians of Quality: LEOs, LOREs & CPs

Our **Local Officer's** view Academic Quality as one of their most important pillars, next only, to the **safety** and well-being of our incomings. Whether it's through organizing workshops, giving **creative sessions**, **interactive training**, or otherwise. Our incredible officers work relentlessly to ensure that every incoming student receives the high standards of academic quality we set upon ourselves. They work to recruit the tutors who they believe will give their incomings the **most reliable** and educational exchanges.



Our **CP's** are the first line of cultural mediation. They are trained to use effective communication to help students **navigate** language barriers and **cultural differences**, they go at each individual's own pace to facilitate the incomings' experience and ensure that each student, regardless of where they come from, can receive an **equally meaningful** and **impactful** experience.



ACADEMIC QUALITY

2. Pre-Arrival Training (PAT) and Upon Arrival Training (UAT)



IFMSA-Egypt conducts a national Pre-Arrival Training (PAT) designed to prepare incoming students for their exchange, helping them feel **ready**, **informed**, and **welcomed** even before boarding their flights to Egypt.



Moreover, all LCs organize an Upon Arrival Training (UAT), which sets the tone for the entire exchange and ensures a **smooth integration** into the diverse cultural environments. During the UAT, incomings are given a **detailed look** into Egypt's healthcare system, we show them the **in's** and **out's** of each element of our system giving them a **unique** opportunity to make **meaningful** comparisons between Egypt and their home country.

ACADEMIC QUALITY

3. Educational Activities (EAs)

IFMSA EGYPT conducts National Educational Activities (NEAs), which are often integrated into National Weekends (NWEs) or organized as standalone events with an **immaculate** social program.



Moreover our LCs organize EAs at the local level, empowering students through peer-to-peer education. They include specialized sessions on topics like medical ethics, research ethics, global health, Universal Health Coverage, basic research methodologies, biostatistics, and much more.

ACADEMIC QUALITY

3. Educational Activities (EAs)



Alongside these sessions, EAs also often include workshops and simulations such as clinical skills training (**suturing**, **BLS**, **intubation**, etc.), as well as opportunities to attend conferences and other academic events.

Ultimately, prioritizing these diverse learning opportunities ensures that our exchange students **return home** with a global perspective and a robust set of tools they can use to excel as future healthcare leaders.



ACADEMIC QUALITY

4. Scientific Outcomes

Nothing is ever completed without an ending, and our exchanges are no exception. Scientific outcomes are an integral part of our exchange program; they tie the entire exchange together and allow our incomings to apply the information they learned throughout their exchange to create either a scientific document (Case report/publication) or a non-formal document (student report).





SOCIAL PROGRAM

National Weekends (NWEs)

IFMSA-Egypt organizes National Social Weekends (NWEs) during the major hosting months of **January**, **July**, and **August**, bringing together incomings from all over Egypt for one unforgettable trip.





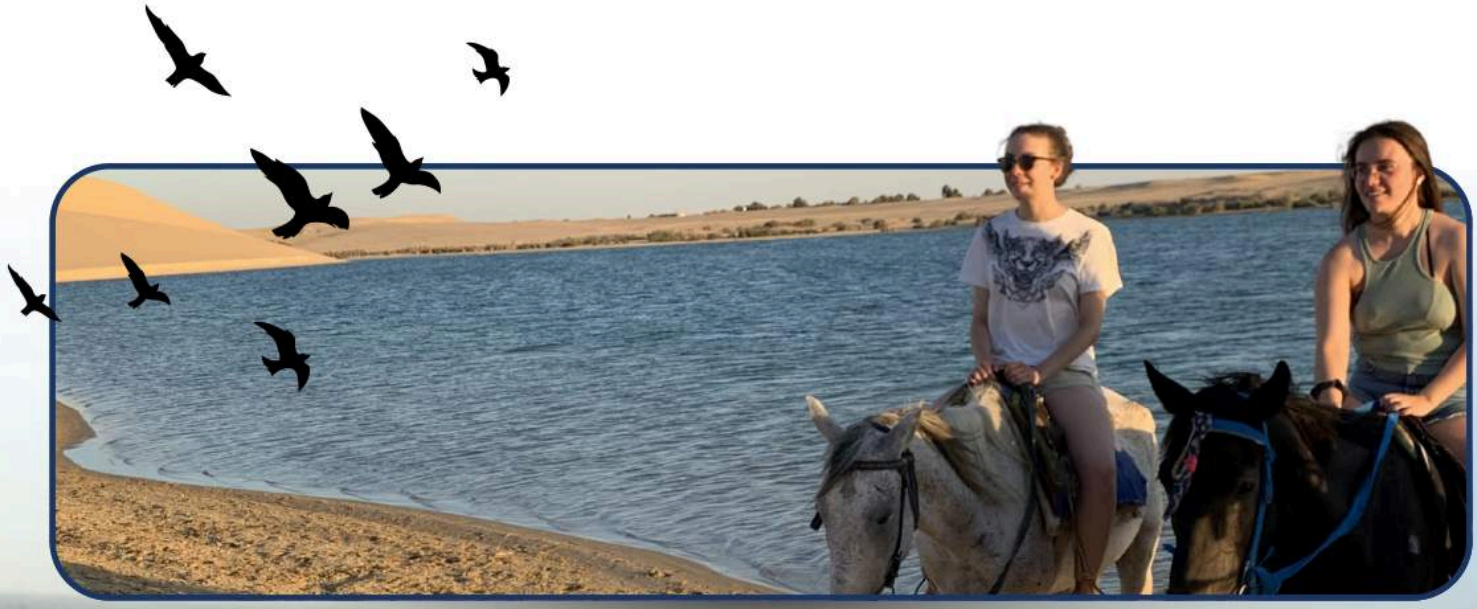
They get the chance to travel to some of Egypt's most beautiful destinations, meet students from every corner of the globe, make lifelong friends, enjoy unforgettable parties, and even cook together during National Food and Drink Parties (NFDPs), where everyone brings a piece of their country to the table.

SOCIAL PROGRAM

Local social program:

Every city in Egypt has its own story, and the Local Social Program is your gateway to discovering it. No matter where you are placed, each city offers a unique and diverse experience, and your hosting LC ensures that you get to explore it fully.

Exploring local streets, meeting new people, and yes, even hitting the arcades together. Wherever you are in Egypt, every experience is designed to help you feel immersed in the local culture.





SOCIAL PROGRAM

Moreover, LCs organize weekend trips to other cities across Egypt, ensuring that wherever you are, every moment of your stay is memorable, enriching, and worth experiencing. Here's a sneak peek at some of the cities you will have the chance to explore:



Capital of Egypt

CAIRO

The Pyramids, one of the 7 wonders of the world. The Grand Egyptian Museum, home to thousands of golden monuments dating 5000 years ago. Historic bazaars, hundreds of mosques and churches, and the great River Nile, all coming together in one of the most alive cities in the world, the great Cairo of Egypt.

SOCIAL PROGRAM

Red Sea beauty

DAHAB

One of the most underrated sites in the world. World-class diving, especially the Blue Hole, where you can encounter some of the most breathtaking marine wildlife in the world. Incredible adventure where you can climb the great mountains of Sinai, live the life of Bedouins and try the safari while exploring different spots on a daily basis.



SOCIAL PROGRAM

Sea of wonders

MARSA ALAM

Modern Egypt combined with the greatest sea in the world, a place to receive a luxurious journey: partying, snorkeling, diving and much more. Marsa Alam is a city that looks like a story. And when the sun goes down, the real party starts. The kind of night you will still be talking about long after you leave.



SOCIAL PROGRAM

the golden lands of the desert oasis

SIWA

Siwa is unlike any place in the world. From salt lakes also known as space lakes, to the legendary Cleopatra's Bath, a natural spring that has been flowing since ancient times, to the desert itself where you can enjoy the thrilling experience of sand drifting and sand boarding. Not only that but Siwa has its own history which reflects the life of the tribes living there hundreds of years ago.



SOCIAL PROGRAM

Land of gold

LUXOR AND ASWAN

The largest open-air museum in the world. Home to Karnak Temple, Luxor Temple and the Valley of the Kings where the tombs of Pharaohs were sealed for thousands of years. Further south, Aswan presents the breathtaking Abu Simbel temples carved entirely into a mountain. And connecting it all, the great River Nile where you can sail on a legendary cruise, or rise above everything on a hot air balloon and witness the land of gold from the sky.



SOCIAL PROGRAM

Pearl of the Mediterranean Sea

NORTH COAST

One of the best beaches in the world! Yes, the North Coast has one of the best sandy beaches all over the world. Crystal clear waters meeting endless white sand, a summer that you will never forget. A place where you simply show up and it takes care of the rest.



IFMSA-EGYPT LCs

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Born to shine .. from the land of gold

ASWAN









SCOPE | SCORE | PHEx | GAP

5-10 ICs | 10-15 CPs

Boarding: Meals (2 per day)

Lodging: Dorms (5-minute walk)

Aswan Medical Students Association

Welcome to AMSA-Aswan, where warmth, culture, and human connection come together to create an unforgettable experience. At AMSA Aswan, we carry the calmness of the Nile, the warmth of Nubian hospitality, and the joyful spirit of our culture. Whether through cultural nights, local adventures, conversations by the Nile river, or simple shared moments, we aim to give every incoming a real and authentic experience of Aswan. **Joining AMSA Aswan is not only an exchange journey, but also becoming part of a family and discovering a city unlike any other. We cannot wait to welcome you to our beloved Aswan.**

Overview of the city:

Aswan, "The Land of Gold", "The Gem of the South", "The Land of Charm and Beauty", "The City of the Magical Nile" Whether you come for the history, the culture, the landscapes, or the experience itself, Aswan promises memories that stay with you forever. **Located along the beautiful Nile River in the heart of Upper Egypt,** the city offers a perfect blend of culture, history, and natural beauty. Here, the Nile flows between green islands and granite rocks, creating magical landscapes that make every moment feel cinematic.

LEARN MORE

SCOPE
Professional Exchange

- **Aswan University Hospitals**

SCORE
Research Exchange

- **Aswan University**





LOCAL SOCIAL PROGRAM:

- Philae Temple and the Unfinished Obelisk
- Tombs of the Nobles and Elephantine Island
- Nubian villages (Nubian nights and authentic music)
- Abu Simbel Temples and the Aswan High Dam
- Botanical Garden (Kitchener's Island)
- Aswan Souk and Nile-side cafés
- Nile kayaking and Corniche sunset viewpoints

Why Us?

- A balance of strong academic quality and rich cultural immersion.
- Warm hospitality: a prepared welcome package and organized boarding (two meals daily).
- A vibrant social program rooted in Aswan's Nubian culture, Nile experiences, and history.
- Full clinical integration with high-quality clerkships under supportive supervision.
- Tailored Educational Activities complementing clinical exposure.





Take Action Together

AZHOP









SCOPE | SCORE | GAP

Professional Exchange | Research Exchange

15-20 ICs | 5-10 CPs

Boarding: Meals (2 per working day)

Lodging: Dorms (20-minute ride)

AMSA
AL-AZHAR MEDICAL STUDENTS' ASSOCIATION

Welcome to AMSA-Azhar Cairo! During your stay, you will explore the Egyptian healthcare system, engage with key areas of advocacy, and enjoy a dynamic and unforgettable journey, because, as I always say to our incomings, "This is not a month in your life, it's a life in a month." We are proud to host you in the land of pharaohs and look forward to sharing this exceptional experience with you.

Overview of the city:

Cairo is the capital of Egypt and one of the largest cities in Africa and the Middle East, with a population of over 20 million people in its metropolitan area. It is a city full of history, culture, and vibrant life. Cairo is famous for its ancient monuments, including the Citadel of Salah Eldin, and historic mosques like Al-Azhar Mosque and Sultan Hassan Mosque. The city also has many palaces and museums, such as Baron Palace, Abdeen Palace, and Al-Tawfiq Palace, as well as traditional markets like Khan El Khalili Bazaar. In addition to its historical and cultural significance, Cairo is a major center for education, business, and tourism. It has a lively mix of modern buildings, busy streets, and historical neighborhoods.

LEARN MORE

SCOPE
Professional Exchange

- Sayed Galal University Hospital

SCORE
Research Exchange

- Islamic Center for Cardiology
- Immunology Center

LOCAL SOCIAL PROGRAM:

- The Pyramids and Grand Egyptian Museum
- National Museum of Egyptian Civilization
- Cairo Tower
- Abdeen Palace and Baron Palace
- Nile cruise and Nile kayaking
- Downtown, El Moez Street, and Khan El Khalili
- Cairo Citadel and the Religious Complex





Why Us?

- One of the world's oldest and most famous universities, with a campus rooted in Islamic history and a uniquely peaceful atmosphere.
- Internationally recognized and accredited institution offering high-quality clinical experience, from complex surgeries to hands-on medical skills.
- Professors highly experienced in teaching international students and communicating across cultures.
- An energetic exchange team that supports incomings from the moment they land and makes them feel at home.
- A rich social program through Cairo.







Life savers, Change Makers.

ALEXANDRIA









SCOPE | SCORE

Professional Exchange | Research Exchange

5-10 ICs | 1-5 CPs

Boarding: Pocket money

Lodging: Dorms (10-minute walk)

Alexandria Students' Scientific Association

Welcome to ASSA-Alexandria, where the sea is part of everyday life and every street somehow has a story behind it. We're really excited to meet all of you and share our favorite places, traditions, food spots, and chaotic energy with you. Come with an open mind, comfortable shoes, and enough phone storage for the photos you're about to take.

Overview of the city:

Alexandria doesn't quite feel like the rest of Egypt, and Alexandrians will be the first to tell you so. Built right where the desert gives way to the Mediterranean, the whole city leans toward the sea. What makes Alexandria special isn't any single landmark, it's the everyday texture of the place. It's the old tram rattling through the neighborhoods, the worn tables of century-old cafés where people have been arguing, laughing, and people-watching for generations. The history is everywhere, of course this was once one of the greatest cities in the world, home to the ancient Lighthouse and the Alexandrian Bibliotheca. Come for the sea and the history if you like, but you'll leave talking about the people, the long walks, and that strange, comforting feeling that somewhere along the Corniche, this city started to feel like home.

LEARN MORE

SCOPE
Professional Exchange

- **Alexandria University Hospital**

SCORE
Research Exchange

- **Alexandria University**

LOCAL SOCIAL PROGRAM:

- Bibliotheca Alexandrina (The modern Library)
- Qaitbay's Citadel on the sea.
- El Montazah Palace and its royal gardens
- Alexandria National Museum and the Greco-Roman Museum
- Long walks along the Corniche at sunset
- Fresh seafood by the sea and late-night food spots
- Tram rides, beach days, and spontaneous group hangouts



Why Us?

- A vibrant Mediterranean coastal city with a unique identity, blending Egyptian heritage with rich Greco-Roman history and cultural influences.
- A unique seaside atmosphere with historic streets, old trams, cafés, and a special connection with the sea.
- Warm people, a rich social culture, and an unforgettable Mediterranean vibe that keeps visitors coming back.





Simply we are different

ASSIUT









SCOPE | SCORE

Professional Exchange | Research Exchange

10-15 ICs | 5-10 CPs

Boarding: Meals (2 per day)

Lodging: Dorms (5-minute walk)

1986 ASSIUT STUDENTS' SCIENTIFIC ASSOCIATION

Welcome to ASSA-Assiut, where exchange is more than just a program; it is a journey filled with learning, friendship, culture, and unforgettable memories. Located in the heart of Upper Egypt, **ASSA-Assiut proudly represents one of the oldest and most prestigious medical student associations in Egypt, carrying a long-standing legacy of excellence and hospitality.**

As an incoming, you are not just a participant; you become part of our family. We are excited to share with you our culture, our stories, and the spirit that makes ASSA-Assiut truly special. **We cannot wait to welcome you and create together an experience that you will always carry with you long after your exchange ends.**

Overview of the city:

Assiut, the heart of Upper Egypt, is a city where ancient history, authentic culture, and modern student life come together in a truly unique way. Located along the beautiful Nile River, Assiut is one of Egypt's oldest cities, carrying a rich heritage that dates back thousands of years to ancient Egyptian civilization. Throughout history, the city has been known as a center of culture, education, and tradition, making it a fascinating destination for visitors from all around the world.

LEARN MORE

SCOPE
Professional Exchange

- **Assiut University Hospitals**

SCORE
Research Exchange

- **Assiut University**

LOCAL SOCIAL PROGRAM:

- Al-Muharraq Monastery (Gebel Qussqam)
- Drunka Monastery
- Wadi El-Assiuti protectorate (Desert hiking)
- Al-Maahad Al-Azhary
- Alexan Pasha Castle
- Assiut Corniche (Nile view)
- City tours in local markets and downtown Assiut
- Traditional Upper Egyptian food experiences





Why Us?

- One of IFMSA-Egypt's oldest and most established LCs, with extensive experience in SCOPE and SCORE exchanges.
- A welcoming, family-like atmosphere built on human connection and authentic cultural immersion
- A supportive, passionate, energetic team genuinely committed to making every exchange experience memorable.
- Clinical and research opportunities through Assiut University, one of the largest educational and tertiary healthcare hospital systems in Upper Egypt, serving thousands of patients from various governorates.
- A rich social and cultural program; city tours, cultural nights, gatherings, and trips.





Life savers, Change Makers.

AINSHAMS









SCOPE | SCORE | PHEx

5-10 ICs | 5-10 CPs

Boarding: Meals (3 per day)

Lodging: Dorms (2-minute walk)

AUSSS

Welcome to AUSSS-Ain Shams! Ain Shams Students' Scientific Society is more than just a Local Committee; founded in 1971, AUSSS is one of the oldest and most active LCs within IFMSA-Egypt. As part of the green family, we believe that every exchange should feel like a home away from home. At AUSSS, we don't simply host incomings; we create experiences. Whether you're exploring Cairo's vibrant streets, or laughing over late-night food adventures with students from around the world, every moment becomes part of a story you will never forget. **We cannot wait to welcome you to Ain Shams, show you the magic of Egypt, and make this month one of the highlights of your life.**

Overview of the city:

Cairo is not simply a city; it is an experience. Known as **"the city that never sleeps,"** Egypt's capital is a place where ancient history and modern life exist side by side. One moment you're standing in front of historic mouuments, and the next you're enjoying rooftop cafés, lively nightlife, or hidden local streets filled with music, art, and Egyptian food. **Yes! Cairo may be loud, crowded, and fast-paced, but that is exactly what makes it unforgettable.**

LEARN MORE

SCOPE
Professional Exchange

- **Ain Shams University Specialized Hospital (ASUSH)**

SCORE
Research Exchange

- **Ain Shams University**





LOCAL SOCIAL PROGRAM:

- The Egyptian Museum
- National Museum of Egyptian Civilization (NMEC)
- Islamic Cairo (Khan El Khalili and El Moez Street)
- Coptic Cairo (The Hanging Church and the Cave Church)
- Korba and Baron Palace
- Daily downtown runs & local food (Koshary Abu Tarek and hawawshi)
- Zamalek palaces, Nile-view restaurants, and felucca rides
- Cafés, Maadi hopping, kayaking, and go-karting
- Game nights with the team

Why Us?

- A balance of clinical excellence, cultural immersion, and genuine human connection from one of IFMSA-Egypt's most active LCs.
- Rotations at Ain Shams University Specialized Hospital, a leading teaching hospital and among the first in Egypt to introduce robotic surgery.
- On-campus hospital accommodation for a convenient, immersive experience.
- A dynamic social program that lets incomings experience Egypt like locals; hidden cafés, local food, landmarks, nightlife, and day trips.
- A supportive team that keeps incomings safe, included, and welcomed throughout the month.







Different Minds, One Vision, One Mission & One Family.

BENISUEF









SCOPE Professional Exchange | SCORE Research Exchange

5-10 ICs | 5-10 CPs

Boarding: Meals (1 per day)

Lodging: Dorms (10-minute ride)

BMSA
Ben -Suef Medical Students' Association

Welcome to BMSA-Beni Suef, where your exchange becomes more than just a hospital rotation, it becomes a genuine Egyptian experience filled with learning, friendship, and unforgettable memories. We believe that exchange is not just about academics, but also connection, culture, and belonging. From the moment you arrive, our team will be there to support you through every step, helping with accommodation, transportation, hospital orientation, social activities, and daily life. **We aim to make every incoming feel like part of our family.**

Overview of the city:

Beni Suef lies in Upper Egypt, but it's just a 1.5-hour drive from Cairo, close enough for easy capital access, yet far from its traffic and crowds. You'll enjoy a peaceful corniche stroll along the Nile, cozy cafés and restaurants, and the warm feeling of home.

LEARN MORE

SCOPE
Professional Exchange

- **Beni Suef University Hospital**

SCORE
Research Exchange

- **Beni Suef University**

LOCAL SOCIAL PROGRAM:

- Nile corniche walkway
- Meidum Pyramid
- Hangouts and socializing with the exchange team.



Why Us?

- A calm, authentic Upper Egyptian city only 1.5 hours from Cairo, allowing easy access without the traffic and crowds.
- A university hospital with a wide range of departments and friendly, approachable doctors eager to teach.
- Strongest recommended specialties: Urology, Cardiology, Vascular Surgery & Ophthalmology.
- A balance of strong clinical exposure and a comfortable, welcoming environment.
- A peaceful Nile corniche, cozy cafés and restaurants, and a warm feeling of home.

Forged in fire, rising to inspire!

BENHA









SCOPE Professional Exchange | **SCORE** Research Exchange | **PHEx** | **GAP**

10-15 ICs | 10-15 CPs

Boarding: Meals (1 per day)

Lodging: Dorms (15-minute walk)

BSSS BENHA
STUDENTS' SCIENTIFIC SOCIETY

Welcome to BSSS-Benha, "Not every journey is measured by miles; some are measured by memories." We, the exchange team of BSSS-Benha, are beyond excited to welcome you here in Benha. The city of warmth, peace and unforgettable memories. Every LC has a story, but ours is written through passion, resilience and the people who make it feel like home. Ours is not just a group of medical students working together; we're friends and family and that's what makes us different. Your exchange here is not just a traineeship, it is a chance to make new memories, friends, and and explore a completely different culture. It is your way to build lifelong friendships and experience the beauty of intercultural learning in the most meaningful way.

Overview of the city:

Benha may not be the biggest city in Egypt, but it carries a unique spirit; simple, lovely, and full of kind people who will make your experience unforgettable and memorable. It also gives access to the busier throbbing hearts of Egypt, noted for its great proximity to both Cairo and Alexandria, being one of the few cities that are located close to both the capital of Egypt and its Mediterranean coast.

LEARN MORE

SCOPE
Professional Exchange

- Benha University Hospitals

SCORE
Research Exchange

- Benha University

LOCAL SOCIAL PROGRAM:

Our local Social Program is designed to help incomings experience both the cultural beauty of Egypt and the unique spirit of our city. We organize a variety of outings and activities, including visits to the Nile Corniche, Tell El-Yehudiya (Athribis), Benha Souq, and Benha's famous bridges. In addition, we arrange social gatherings such as movie nights, game nights, and evening hangouts.





Why Us?

- A close, family-like team driven by teamwork, hospitality, and passion.
- Each incoming has a dedicated CP who accompanies them daily to the hospital and bridges language gaps with tutors.
- An exchange team available anytime to support incomings and make them feel at home from day one.
- An exchange that goes beyond clinical practice to cultural exchange, friendships, and personal growth.





Innovate or Evaporate

DAMIETTA









SCOPE
Professional Exchange

5-10 ICs | 5-10 CPs

Boarding: Meals (3 per day)

Lodging: Apartments (15-minute walk)

DMSA
Damietta Medical Students' Association

Welcome to DMSA-Damietta, where different cultures come together, and strangers become friends and family. For us, an exchange is not just about traveling to a new country; it is about the people you meet, the memories you create, and the experiences that stay with you forever. We are proud of the energy, warmth, and hospitality that make this place special. From the day you arrive, you will find people who genuinely care about making you feel comfortable, included, and excited about everything ahead. We are open-minded, supportive, and always ready to share our culture while learning from yours. **We believe diversity is what makes exchanges beautiful, and we try to make every person feel welcomed, appreciated, and at home.**

Overview of the city:

Damietta is one of the calm cities in Egypt, a simple yet very special place in its own way, combining comfort and beauty at the same time. It is not a crowded city with a heavy population density; instead, life here is quiet and well organized, which makes anyone who visits feel relaxed from the very first moment. Our city is not just a place to stay but a simple lifestyle experience full of comfort, balance, and youthful energy, a mix of peace, activity, nature, and connection that makes it unforgettable for anyone who visits.

LEARN MORE

SCOPE
Professional Exchange

- **Alazhar University Hospital in Damietta**

LOCAL SOCIAL PROGRAM:

- Beach trips
- BBQ parties
- Visits to amusement parks and other venues





Why Us?

- Strong sense of cooperation and mutual support among all LC members, creating a safe and comfortable environment for all incomings.
- Step-by-step accompaniment throughout the entire exchange journey, ensuring incomings feel supported and guided at every stage.
- Highly qualified and cooperative hospital doctors who are well known in their fields and always supportive of incomings, providing an extra level of safety and reassurance throughout their stay.
- A wide variety of entertainment activities, gatherings, outings, and events designed for fun and connection, making the experience enjoyable and full of memorable moments.





Discover your greatness

FAYOUM






SCOPE
Professional Exchange

5-10 ICs | 1-5 CPs

Boarding: Meals (1 per day)

Lodging: Apartments (15-minute walk)

FMSA
FAYOUM MEDICAL STUDENTS ASSOCIATION

Welcome to FMSA-Fayoum, here exchange is never just about clinical rotations. Although we make sure every student receives the highest academic quality, we do it our way, making sure you feel at home, having experiences you have never had before, and making friends, or what we better call family, that you will never forget. We are dedicated to making this experience not just perfect but flawless, ensuring our friends receive the best exchange of their life. That is why we cannot wait to welcome you here in Fayoum.

Overview of the city:

Fayoum is truly one of Egypt's hidden treasures, just a few Kilometers away from Cairo, rich in culture and unique experiences found nowhere else. Thousands of people visit for its special touristic characteristics, with views that exist nowhere but in Fayoum. What makes it even better is that it sits far from the crowded and busy city life, making the experience so much more special. That is why Fayoum is considered an absolute beauty in the heart of Egypt.

LEARN MORE

- **Fayoum University Hospitals**

LOCAL SOCIAL PROGRAM:

- Adventure trip to Tunis Village overlooking Qaroun Lake with a traditional Egyptian breakfast featuring Feteer Meshaltet, local cheese, honey, and Bedouin tea.
- Pottery workshops in Tunis Village to experience local craftsmanship.
- Full desert safari using 4x4 vehicles visiting Wadi El Rayan waterfalls, Jabal El Modawara, and Wadi El Hitan.
- Evening at a Bedouin-style camp with traditional food, tea, music, and cultural exchange under the stars.
- Sandboarding, desert drifting, and sunset gatherings at the Magic Lake.
- Regular social outings in cafés, clubs, and local gathering spots to bond with local students.



Why Us?

- The hospital is minutes away from the faculty, offering hands-on exposure across a wide variety of departments and specialties.
- Fayoum's compact layout makes transportation simple and stress-free.
- Unique location in the middle of Egypt.
- Special local social program to Fayoum's unique sites.





BORN TO STAND OUT

HELWAN









SCOPE | SCORE | GAP

Professional Exchange | Research Exchange

Boarding: Pocket money

10-15 ICs | 10-15 CPs

Lodging: Apartments (10-minute walk)

HMSA

Helwan Medical Students' Association

Welcome to HMSA-Helwan, the land where time bends. We are the committee that turns strangers into family and foreign cities into home. Helwan sits on the southern edge of Cairo, where the Nile still moves slowly and the sky opens wide. Our exchange students don't just visit Egypt; they feel it. At HMSA, we believe medicine is more than science; it is people. And this exchange is your chance to meet the most extraordinary ones. We have been waiting for you. Come as an exchanger. Leave as one of us. Yalla, let's begin. With love and koshary, HMSA Helwan Medical Students' Association.

Overview of the city:

Helwan, Let's be real, nobody puts it on their Egypt bucket list. And that's exactly what makes it special. Helwan sits on the east bank of the Nile, about 25km south of Cairo's chaos. It's old, ancient actually, pharaonic-era old, back then called "Ain Aan," the spring of fish, named after natural hot springs that drew people in for thousands of years. Today, Helwan is a living, breathing city with a tight-knit community, a sky that turns gold over the Nile every single evening, and a university campus so massive it has its own ecosystem.

LEARN MORE

SCOPE
Professional Exchange

- **Badr University Hospital**

SCORE
Research Exchange

- **Helwan University**

LOCAL SOCIAL PROGRAM:

- The Egyptian Museum, the National Museum of Egyptian Civilization with its royal mummies, and the Grand Egyptian Museum, the largest archaeological museum in the world.
- Islamic Cairo through Al-Muizz Street and Khan Al-Khalili bazaar, ending at El-Fishawy, Cairo's oldest café.
- Salah El-Din Citadel, Al-Manial Palace, and the eccentric Baron Palace.
- A Felucca ride on the Nile at sunset and views from Cairo Tower.
- Al-Azhar Park, Downtown Cairo around Tahrir Square, and Wadi Degla for desert hiking and BBQs.





Why Us?

- Badr University Hospital, a modern, fully equipped facility with a complete clinical setup.
- Because surgical electives are privately funded rather than publicly, the hospital invests heavily in quality equipment and specialist talent. Fewer cases, higher standards. You're not watching from the back of a crowded room, you're actually in the room.
- Dr. Ahmed Madkour, one of the world's leading endoscopic surgeons and the inventor of the Madkour Technique, a groundbreaking approach to treating achalasia that has put our hospital on the global medical map.
- A faculty of internationally published researchers, including Dr. Elkasas and Dr. Hanan Mina, who have collectively contributed hundreds of papers to the global medical community.
- A dedicated research course designed to give you real, transferable skills you can take home. Not a lecture. Not a seminar. A proper course built for you.

We sail where nobody dares

KQFD









SCOPE | SCORE

Professional Exchange | Research Exchange

1-5 ICs | 5-10 CPs

Boarding: Meals (1 per day)

Lodging: Apartments (10-minute walk)

KMSA

Kafr El Sheikh Medical Students' Associaton

Welcome to Kafr Elsheikh, where passion meets purpose and strangers become family. Found in the heart of the Nile Delta, our LC is more than just a place for exchanges; it is a home filled with warmth, ambition, and unforgettable moments. Here every conversation carries curiosity, every challenge becomes a chance to grow, and every experience leaves a lasting impact. Our goal is not only to give you an exchange experience but also to give you a story worth remembering forever. From the very first day, you will never feel like a guest in Kafr Elsheikh; you will feel like family.

Overview of the city:

Kafr Elsheikh is one of Egypt's hidden gems, a peaceful and welcoming city located in the heart of the Nile Delta. Hospitality here is not just a tradition; it is part of everyday life. It is a place where cultural exchange becomes personal, genuine, and deeply meaningful, making Kafr El Sheikh not just a destination but a place that stays in people's hearts long after they leave.

LEARN MORE

SCOPE
Professional Exchange

- **Elzahraa Private Hospital**

SCORE
Research Exchange

- **Kafr ElSheikh University**





LOCAL SOCIAL PROGRAM:

- Welcome party to kick off the exchange on a warm and exciting note
- Trips to Desouk for a Nile felucca ride experience
- A relaxing day trip to Burullus Lake
- Night walks around the city's most beautiful spots
- Padel sessions for sports lovers
- Cafe nights filled with games and great conversations
- Watching football games together for a true local experience





Why Us?

- Strong sense of family and belonging that makes every member and incoming feel valued, welcomed, and connected.
- Cultural gatherings, local tours, team building activities, and social events that help incoming people feel fully immersed in Egyptian culture.
- Diverse and authentic experiences despite being in a calm and cozy city, offering a more genuine perspective of Egypt away from crowded tourist environments.

KENA









SCOPE
Professional Exchange

1-5 ICs | 5-10 CPs

Boarding: Meals (1 per day)

Lodging: Dorms (10-minute ride)

KMSA
Kena Medical Students Association
SINCE 2011

Welcome to KMSA-Kena, the city where passion meets purpose, and where every exchange becomes more than just a journey. Located in the heart of Upper Egypt, our LC proudly carries the spirit of Qena, providing not just clinical exchanges but also warm hospitality, while creating heaps of unforgettable experiences and lifelong friendships.

Overview of the city:

Kena is a charming city located along the banks of the Nile in the heart of Upper Egypt. Known for its peaceful atmosphere away from the fast-paced crowds of larger cities, it is considered one of Egypt's hidden gems. Not only known for its historical significance, with ancient temples and unique authentic markets, but also for its welcoming community, the generosity of its residents, and strong traditions. So expect a once-in-a-lifetime experience, a true masterpiece in the south of Egypt.

LEARN MORE

- **kena University Hospital**
- **Elrazy Hospital**

LOCAL SOCIAL PROGRAM:

- Visiting the iconic Dendera Temple Complex, one of the most remarkable ancient Egyptian temple complexes.
- Exploring the city through guided city tours.
- Nile outings along the peaceful banks of the Nile.
- Experiencing traditional Egyptian dinners with authentic local flavors.
- Cultural exchange gatherings to connect and share experiences.
- Enjoying relaxed movie nights.





Why Us?

- An authentic Upper Egyptian experience through direct interaction with local students, families, and daily life.
- Unlike crowded tourist destinations, kena provides genuine cultural immersion away from the typical tourist trail.
- Always available before and during the stay for guidance and continuous support.

Living To Influence, Inspire And Change

MUST



SCOPE | SCORE | GAP

15-20 ICs| 10-15 CPs

Boarding: Meals (1 per day)

Lodging: Dorms (5-minute walk)

MUST MEDICAL
Students' Association

Welcome to MMSA-MUST in 6th of October City, Giza. At MMSA-MUST, our Blue Family is dedicated to making your exchange unforgettable. Academically, we provide high-quality clinical rounds in various departments at Souad Kafafi University Hospital, where you can observe medical procedures and learn from supportive tutors in a professional environment. We also offer valuable research opportunities with hands-on experience in our college laboratories under experienced mentors. Throughout your exchange, we make sure you feel supported, included, and at home.

Overview of the city:

6th of October City is one of the most modern and vibrant cities in the Giza Governorate, offering a unique mix of comfort, entertainment, and accessibility. What makes the city truly special is its balance between a luxurious lifestyle and a calm, organized atmosphere compared to the crowded streets of central Cairo. The city is known for its cleanliness, wide roads, green spaces, and modern residential areas, making it attractive for both locals and visitors.

LEARN MORE

SCOPE
Professional Exchange

- **The Memorial Souad Kafafi Hospital**

SCORE
Research Exchange

- **MUST University**

LOCAL SOCIAL PROGRAM:

- Pyramids of Giza and the Grand Egyptian Museum
- The Citadel of Salah El-Din and Mohamed Ali Palace, iconic landmarks in Cairo
- The National Museum of Egyptian Civilization
- Pottery workshop and kayaking
- Cairo Tower with a Nile experience, including a felucca ride and Zamalek tour
- Khan El Khalili and the Religious Complex for an authentic cultural experience
- Group outings and social bonding activities





Why Us?

- A survival kit, and a welcome package with MMSA-MUST merchandise.
- Strong academic exposure through clinical rounds across multiple departments.
- Hands-on research program offering real practical experience in well-supervised labs.
- Modern, clean, and well-organized campus and hospital environment with green spaces and sports facilities, including padel courts, tennis courts, and football and basketball fields.
- Highly diverse and active social program with easy access to major landmarks such as the Pyramids of Giza, the Grand Egyptian Museum, and Cairo.
- Additional educational initiatives such as research camps and suturing workshops available for incomings to further enrich the experience
- Full transportation support, including airport pick-up and drop-off, as well as a private bus for our local social program.

YALLA MANSOURA! YALLA LIFE CHANGING EXPERIENCE!

MANSOURA









SCOPE | SCORE | PHEx

20-25 ICs | 15-20 CPs

Boarding: Meals (3 per day)

Lodging: Dorms (15-minute walk)

Mansoura Students' Scientific Association

Welcome to MSSA-Mansoura, the City of Roses! The MSSA Exchange Team is delighted to welcome you to this unique and vibrant city. Our exchange program offers a truly unforgettable experience, combining clinical training, cultural immersion, local traditions, and Egyptian hospitality. This booklet has been prepared to help you enjoy your stay, navigate the city, and make the most of your exchange experience. **Regards, The MSSA Exchange Team.**

Overview of the city:

Mansoura, meaning "The Victorious," is a historic city in the heart of Egypt's Nile Delta, known for its rich heritage and vibrant atmosphere. The city combines historical charm with modern development and is home to Mansoura University, one of Egypt's leading academic institutions and often known as the "Castle of Medicine" in Egypt. It's renowned for its medical centers, particularly the international urology center, the oncology center with one of the best surgical oncology departments and gastrointestinal surgery, attracting patients and researchers from across the region. Mansoura is also known for its welcoming community, lively markets, cafés, and the beautiful Nile Corniche, making it an enjoyable destination for visitors and an ideal setting for medical exchanges.

LEARN MORE

SCOPE
Professional Exchange

- Mansoura University Hospitals

SCORE
Research Exchange

- Mansoura University
- Mansoura Experimental Research Center
- Mansoura Animal Research Center - Cord stem cell





LOCAL SOCIAL PROGRAM:

- Dar Ibn Loqman (Mansoura National Museum)
- Umm Kulthum Square
- Nile Cruise and Nile Corniche (El Mashaya)
- Mamsha Toreel El Gedid
- Geziret Elward Sporting Club
- Aladyiat Stable
- Saint George Monastery (Mit Damsis)
- Al-Balamoun Hill





Why Us?

- Mansoura University Hospitals is the largest medical institution in the Nile Delta region, serving a high volume of patients.
- The International Urology and Nephrology Center and other specialized centers are among Egypt's leading medical institutions.
- Our research centers provide valuable hands-on experience in experimental research, a unique opportunity that is difficult to find elsewhere in Egypt.
- Educational activities range between IFMSA topics and Hands-on medical topics like suturing and ECG interpretation; all by experts with substantial experience in their fields.
- A wide range of social activities ensures an engaging and enjoyable exchange experience.

Educate, Advocate, Elevate

MENOFIA






SCOPE | SCORE | PHEx | GAP

10-15 ICs | 20-25 CPs

Boarding: Meals (2 per day)

Lodging: Hotel (5-minute ride)

MSSA
Menofia Students' Scientific Association
Since 1992

Welcome to MSSA-Menofia, where your exchange is more than an academic opportunity, it is a journey of learning, discovery, and meaningful connections. Located in the heart of the Nile Delta, it offers a unique blend of authentic Egyptian culture, welcoming communities, and experiences that will make your stay truly special. At MSSA-Menofia, you come as an incoming, but you leave with lifelong friendships, unforgettable memories, and a place you can always call your second home.

Overview of the city:

Menofia, nestled in the heart of Egypt's Nile Delta, offers a perfect balance of authenticity, culture, and comfort. Known for its green landscapes, friendly communities, and rich traditions, it provides a genuine Egyptian experience away from the crowded tourist destinations. With its strategic location near Cairo and Alexandria, **Menofia is an ideal place to explore, connect, and create unforgettable memories while discovering the beauty of local life.**

LEARN MORE

SCOPE
Professional Exchange

- Menofia University Hospital
- Menofia Teaching Hospital
- National Liver Institute

SCORE
Research Exchange

- Menofia University
- National Liver Institute
- Menofia Cancer Institute







LOCAL SOCIAL PROGRAM:

- Denshawai Museum
- Paris Street, and factory street
- Photo hunt game and bingo game
- Sports courts, malls, and arcades
- Cozy cafes and restaurants.





Why Us?

- Clinical rotations in multiple prestigious institutions, including the National Liver Institute, Cancer Institute, offering exposure to diverse specialties and clinical cases.
- Opportunities for hands-on clinical involvement, including scrubbing in and assisting during procedures according to department regulations and training level.
- Practical skills workshops such as suturing training and Basic Life Support (BLS) sessions.
- Interdisciplinary educational sessions in collaboration with different IFMSA standing committees, including UHC and Anti-FGM awareness.
- Research capacity building opportunities, including AI applications in research, data collection, and survey design.
- Convenient accommodation located only a few minutes from training hospitals.

By Medical Students for Medical Students.

NGUMA









SCORE
Research Exchange

Boarding: Pocket money

1-5 ICs | 15-20 CPs

Lodging: Apartments (20-minute ride)

NGUMA
NewGiza University
Medical Students' Association

Welcome to NGUMA-New Giza, where exchange is more than a program; it's a family. Guided by our motto, "By medical students, for medical students," we are dedicated to making every incoming feel at home from day one. Through pre-arrival support, hands-on academic training, expert-led sessions, and close mentorship, we strive to provide a rewarding scientific experience that helps you achieve your learning goals. Join us for a month of but you leave with lifelong friendships, unforgettable memories, and a place you can always call your second home.

Overview of the city:

6th of October City, Located just 15 minutes away from one of the seven wonders of the world: the Giza pyramids- even better you can spot it from our very own university campus! It is a vibrant and growing city that offers endless opportunities to explore, with a lively student atmosphere, modern facilities, and plenty of places to discover. Every day feels a little different, with something new to see, experience, and enjoy whether within the city itself or just a short trip away.

LEARN MORE

SCORE
Research Exchange

- New Giza University





LOCAL SOCIAL PROGRAM:

Our social program is one that is diverse. We visit landmarks in Cairo, from historic sites such as the Citadel to walkaways and well known streets downtown looking for souvenirs. Other times were in Sheikh Zayed, challenging each other to arcade games, bowling, laser tag, and pool or visiting local malls.

Why Us?

- New Giza University is fully equipped with the most up-to-date tools and equipment, providing a strong modern learning environment.
- 17 fully equipped laboratories, including 3 dedicated research labs.
- 2 clinical skills laboratories designed for basic and advanced life support training as well as clinical training across all healthcare programs.
- A state-of-the-art Anatomy & Imaging Suite supporting advanced medical learning.
- Lab work under tutor supervision, including activities such as hematology workshops.
- Interactive tutor-led sessions, including fundamentals of echocardiography training.
- A weekly safe space where incomings and officers sit together in a relaxed setting to share feedback, thoughts, and any concerns from the week.





Vision with Action, Change the World.

OCTOBER









SCOPE | SCORE
Professional Exchange | Research Exchange

15-20 ICs | 15-20 CPs

Boarding: Meals (2 per day)

Lodging: Dorms (2-minute walk)

OSSS
October Students' Scientific Society

Welcome to OSSS-October 6 University, A home inscribed with warmth, laughter, and sleepless nights filled with joy and endless conversations. Here, you do not simply pass through; you create bonds that last a lifetime, building stories that surpass borders, languages, and cultures. As you begin your journey of discovering Egypt, we hope you find here the inspiration you have been looking for, the comfort of knowing you are never alone, and memories that will stay with you for the rest of your life.

Overview of the city:

6th of October City is a modern and vibrant city that many students proudly call home. With its friendly atmosphere, modern facilities, and vibrant student life, it offers the perfect balance between comfort and adventure. The city is filled with cafés, restaurants, parks, and entertainment spots where you can relax, explore, and create memories with new friends. Its location very close to Cairo makes it easy to visit Egypt's most famous landmarks and experience the country's rich culture and history whenever you want, while still enjoying a calmer, less crowded environment away from the hustle and bustle of the capital.

LEARN MORE

SCOPE
Professional Exchange

- **October 6 University Hospital**

SCORE
Research Exchange

- **October 6 University**

LOCAL SOCIAL PROGRAM:

- The Pyramids of Giza (Egypt's most iconic ancient wonder).
- The Grand Egyptian Museum.
- The National Museum of Egyptian Civilization (NMEC).
- The Cairo Citadel (historic fortress overlooking the city).
- Coptic Cairo (ancient holy churches).
- Khan El-Khalili (traditional bazaars).
- Nile-side cafés in Cairo with scenic views.
- Shopping malls (the biggest in Egypt).
- Sheikh Zayed cafés and "fancier" hangout spots with modern vibes.
- Bars, clubs, rooftop venues, and an amazing nightlife scene.
- A variety of social activities (e.g., kayaking, padel, karting, felucca rides, etc.).





Why Us?

- A modern, growing city with new infrastructure, malls, and a relaxed vibe. you can easily reach Cairo's main tourist attractions whenever you want, but still stay away from the noise and crowds.
- The university is a private teaching institution, providing access to top-tier academic and clinical learning opportunities.
- The dorms are inside the campus, making everything super convenient and safe with 24/7 security. Rooms are shared between 2 students, and meals (2–3 per day) are provided in the dorm cafeteria, making daily life easy and comfortable.
- A fun and diverse social program runs every day, with a new place or activity to discover each time.

Empower Your Ambitions



SCOPE | SCORE

5-10 ICs | 15-20 CPs

Boarding: Pocket money

Lodging: Apartments (10-minute ride)

Welcome to SCMSA-Ismailia. Joining SCMSA-Ismailia means becoming part of a family that inspires, empowers, and grows together. It is a place filled with memories, laughter, creativity, and endless opportunities to learn. Welcome to SCMSA-Ismailia, where passion becomes purpose, ideas become action, and ordinary moments turn into unforgettable experiences.

Overview of the city:

Ismailia is a hidden gem in Egypt. Located on the banks of the Suez Canal and surrounded by beautiful lakes and lush landscapes, the city is known for its natural beauty, clean environment, and relaxed atmosphere. Its wide streets, picturesque promenades, and vibrant public spaces make it perfect for exploration and leisure. Whether enjoying waterfront sunsets, discovering local traditions, or experiencing daily life in one of Egypt's most charming cities, visitors find a unique blend of authenticity, serenity, and unforgettable experiences.

LEARN MORE

SCOPE
Professional Exchange

- **Suez Canal University Hospital**

SCORE
Research Exchange

- **Suez Canal University**

LOCAL SOCIAL PROGRAM:

- Walks by the Suez Canal
- Beach outings
- Gatherings in cafés and restaurants
- Game nights and movie nights







Why Us?

- Incomings are treated like family from day one, in a welcoming and inclusive environment where everyone feels at home.
- A genuine focus on creating fun, meaningful moments and memories that stay with you long after the exchange ends.

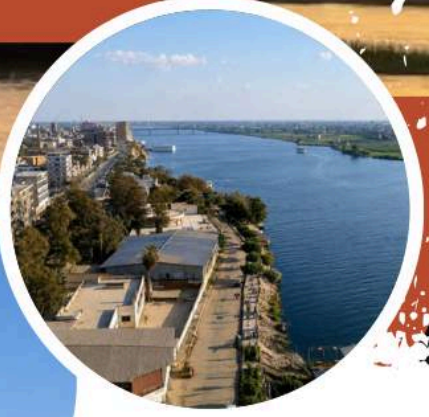
We make leaders. We make future doctors.

SOHAG









SCOPE | SCORE | PHEx

10-15 ICs | 10-15 CPs

Boarding: Meals (2 per day)

Lodging: Dorms (5-minute walk)

SMSA
Sohag Medical Students' Association

Welcome to SMSA-Sohag, the heart of authentic Upper Egypt! As an incoming student with SMSA-Sohag, you get the absolute best of both worlds. Professionally, you will gain hands-on clinical experience at our bustling University Hospital, learning directly under the supervision of our Dean of Medicine. Personally, you will be living just steps away from the Nile, enjoying fresh, farm-to-table Egyptian comfort food, and exploring history where it all began. Pack your curiosity and your stethoscope. We cannot wait to welcome you to our family and show you the true soul of Upper Egypt!

Overview of the city:

Sohag Nestled in the dead center of the Nile Valley, is a city where time seems to slow down, allowing the authentic warmth of Upper Egyptian culture to shine. Known as the "Land of Hospitality," Sohag offers a unique experience where you are treated not as a tourist, but as a guest of honor. As the birthplace of King Mina (Narmer), the unifier of ancient Egypt, Sohag stands as the very cradle of Pharaonic civilization. It isn't just a place to visit; it's a place that invites you to rethink your assumptions and embrace a broader, kinder world.

LEARN MORE

SCOPE
Professional Exchange

- Sohag University Hospital

SCORE
Research Exchange

- Sohag University
- Amshaj Center

LOCAL SOCIAL PROGRAM:

- Doctor's Club
- Sohag National Museum
- Al-Zohoor Island
- Red Monastery, and White Monastery, and Sidi Arif Mosque
- El Kawsar Hills Hike & BBQ (A signature SMSA outdoor event blending adventure with local culinary traditions)
- Local Village Visit (A unique opportunity to visit local communities, experience traditional Upper Egyptian hospitality firsthand, and understand rural healthcare)
- Abydos Temple (Temple of Seti I)
- Osireion, and Akhmim, and Statue of Meret Amun





Why Us?

- Clinical training at Sohag University Hospital, one of the largest and most important tertiary healthcare centers in Upper Egypt, serving a large and diverse patient population.
- A highly active clinical program supported directly by the Faculty Dean and University President, providing strong institutional backing and a welcoming environment for incomings.
- A stress-free daily routine, with the university dorms, hospital, and Doctors' Club on the Nile all within a 2-minute walking distance of each other.





Medical Students & Beyond

KASP






SCOPE Professional Exchange | SCORE Research Exchange

Boarding: Pocket money

10-15 ICs | 5-10 CPs

Lodging: Apartments (20-minute ride)

STUDENTS' SCIENTIFIC SOCIETY
Medical Students And Beyond

Welcome to SSS-Kasr Alainy, one of the very first LCs in Egypt and one of the most vibrant homes of exchanges within IFMSA-Egypt! Located in the heart of Cairo, the city that never sleeps, our local committee offers an unforgettable experience filled with culture, history, friendship, and endless adventure. From the timeless beauty of ancient landmarks to the lively streets, cafés, and nightlife of Cairo, every day here brings something new to discover. We cannot wait to welcome you to Cairo and make your exchange journey fun, meaningful, and truly unforgettable!

Overview of the city:

Cairo is a city where history and modern life exist side by side in the most fascinating way. Known as **the city that never sleeps**, Egypt's vibrant capital is filled with energy, culture, and unforgettable experiences at every corner. Cairo carries the legacy of thousands of years of civilization. Walking through the historical streets of Islamic Cairo and Khan El Khalili feels like traveling through time, where ancient architecture, lively bazaars, and hidden cafés create a magical atmosphere unlike anywhere else in the world.

LEARN MORE

SCOPE
Professional Exchange

- **Kasr Al Ainy Medical School Hospital, Cairo University**

SCORE
Research Exchange

- **Kasr Al Ainy Medical School, Cairo University**

LOCAL SOCIAL PROGRAM:

- The Egyptian Museum (Tahrir Square)
- Islamic Cairo and Khan El Khalili bazaar
- Coptic Cairo and the Hanging Church
- Cairo Tower and Zamalek
- Nile felucca ride and Nile dinner cruise
- Traditional Egyptian cafés and Egyptian street food tours





Why Us?

- One of the oldest and most experienced local committees in Egypt, with a long history of hosting incomings and making them feel welcome from the moment they arrive.
- A supportive team and dedicated contact persons who are always there to help, guide, and make sure students get the most out of their exchange.
- A chance to experience the energy and culture of Cairo through city tours, cultural activities, social events, and local experiences.





Be the CHANGE you want to see in THE WORLD

TANTA



SCOPE | SCORE | PHEx | GAP

Boarding: Meals (3 per day)

5-10 ICs | 15-20 CPs

Lodging: Dorms (2-minute walk)

TSSA
Tanta Students' Scientific Association

Welcome to TSSA-Tanta, where your exchange becomes more than just an academic experience, it becomes a journey of growth, connection, and unforgettable memories. In the heart of Egypt's Nile Delta, Tanta offers a unique blend of authentic culture, warm hospitality, and vibrant student life. Through our SCOPE and SCORE programs, you will gain valuable clinical and research experiences while building lifelong friendships and meaningful connections. With a dedicated CPs beside you every step of the way, you'll always feel supported, welcomed, and truly at home. **At TSSA-Tanta, you arrive as an exchange student, but you leave as part of a family.**

Overview of the city:

Tanta is not just a city you visit: it's a place you experience, feel, and quickly grow attached to. **Nestled in the heart of Egypt's Nile Delta,** Tanta offers something truly special: a genuine taste of Egyptian life, far from the usual tourist paths. Here, everything feels real: the vibrant streets, the welcoming smiles, and the simple moments that turn into your favorite memories. **It's a city that doesn't overwhelm you but instead draws you in, step by step, until it feels like home.**

LEARN MORE

SCOPE
Professional Exchange

- Tanta New Surgical Hospital
- Tanta French Hospital
- Tanta Emergency Hospital

SCORE
Research Exchange

- Tanta University





LOCAL SOCIAL PROGRAM:

- Al-Sayed Al-Badawy Mosque, one of the most famous mosques in Egypt
- Historical Churches
- Museums and ancient spots
- A bingo game to explore the city
- Sports courts
- Malls and arcades
- A wide variety of restaurants
- Huge number of cozy local and modern cafes.

Why Us?

- Hands-on workshops including ECG interpretation, pathology lab skills, life support, obstetric care, and critical appraisal.
- Multi-department clinical exposure, allowing students to experience different medical specialties within one exchange.
- Opportunity to practice procedural skills such as suturing on real patients under professional supervision.
- Central location that makes traveling across Egypt easy and accessible during the exchange.
- Accommodation located very close to the hospital for safer, easier, and more time-efficient commuting.
- Unique balance between a lively city atmosphere and the comfort of a close-knit environment.





More Than Medical Students

ZAGAZIG






SCOPE | SCORE

Professional Exchange | Research Exchange

5-10 ICs | 15-20 CPs

Boarding: Pocket money

Lodging: Apartments (10-minute walk)

ZMSSA

Zagazig Medical Students' Scientific Association

Welcome to ZMSSA-Zagazig, where every exchange is more than a journey, it is a story of connection, growth, and belonging. At ZMSSA Exchange, we believe that great medicine is not only learned in lecture halls and hospital wards, but also around dinner tables, on city adventures, and in the conversations shared between students from different corners of the world. That is why we invest as much in your social and cultural experience as we do in your academic one. Come with your curiosity, your stethoscope, and an open mind. ZMSSA Exchange will take care of the rest. Welcome to the family.

Overview of the city:

Zagazig, the capital of Sharkia Governorate, is a lively university city in the heart of Egypt's Nile Delta. Home to one of Egypt's most respected public universities, it offers a dynamic atmosphere where student life, local culture, and authentic Egyptian traditions come together. The city is known for its welcoming community, affordable lifestyle, vibrant cafés, bustling markets, and delicious local cuisine. Ideally located just an hour from Cairo and within easy reach of Alexandria and the Mediterranean coast, Zagazig serves as a perfect gateway for exploring Egypt while enjoying a genuine and unforgettable cultural experience.

LEARN MORE

SCOPE
Professional Exchange

- Zagazig University Hospitals
- Al-Tayseer International Hospital

SCORE
Research Exchange

- Zagazig University





LOCAL SOCIAL PROGRAM:

- Tell Basta (ancient bubastis)
- Zagazig city centre and local markets
- Sharkia countryside
- Café Gatherings with Local Students
- Cultural exchange and Egyptian food night
- Board Games and bonding activities
- Goodbye party

Why Us?

- Over 45 years of exchange experience, building on a strong legacy since 1979.
- Long-standing hospital partnerships, giving access to a wide range of teaching hospitals.
- Full availability of all medical departments for SCOPE, with dedicated clinical supervisors in each field.
- Continuous support from before arrival until the end of the exchange, including a personal contact person for every incoming student.
- A rich social program with cultural and recreational activities that make the experience more enjoyable and memorable.





FAQ

Is Egypt safe for international students?

Yes, Egypt is safe for international students. All the cities are family-oriented with low crime rates. Students regularly walk around during day and evening hours. Your LEO/LORE and local contact persons can advise on specific areas.

Is it safe to take taxis alone?

Yes, taxis are safe. Using Uber or inDrive provides added security since trips are tracked. If using regular taxis, agree on the price beforehand, share your location with friends, and keep the driver's details if possible. It's very common and safe to take taxis alone.

Are vegetarian/vegan options available?

Yes! Egyptian cuisine is naturally rich in vegetarian options. Ful (fava beans), falafel, koshary, hummus, baba ganoush, and many vegetable dishes are widely available. Vegans should note that dairy and eggs are common in many dishes, specify 'bidoon lahma/gibna/beid' (without meat/cheese/eggs).

What's the best way to communicate with locals?

Learning basic Arabic phrases goes a long way and is appreciated! English is understood in medical settings and tourist areas. Download Google Translate with the Arabic offline package. Most young Egyptians understand some English. Egyptians are patient and often try hard to understand foreign visitors.



Some links to keep you connected:

IFMSA-Egypt welcome Booklet

IFMSA-Egypt promotion drive

For any questions, Feel free to reach out to any of us:

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Professional Exchange

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THANK YOU

