MARK KARAM

Candidature for Vice President of Externals Affairs VPe

Curriculum Vitae

Before 2021

Theatre team for 4 years

Volunteering with children with disabilities and elderly5

August 2022

Observer-ship 60 hrs. | 57357 Hospital

JULY 2023

Lab member | Hayat 53 Medical Caravan

2022-Ongoing

Member of: 1) Fekra ASU 2)Gawala ASU 3)Shoryan AlAtaa

4)Kaizen ASU 5) Caring Hearts

2024:

Medical Course | Magdi Yacoub Hospital

2025:

Training 30 hrs. | Ahl Masr Burn Hospital

EDUCATION

IGCSE | New Ramses College, Egypt

Bachelor of Medicine and Surgery Ongoing | Ain Shams University (ASU), Egypt

Achievements

Attending ASOGIC 26 and ASOGIC 28

Hayah 53, Hayah 55 medical caravans

Attending medical various medical courses regarding first aid and psychology

Skills

Canva

Video editing

Office

Adobe

G-Suite

Experience inside IFMSA: Term 24/25

Oct: Attended Core Concepts bootcamp

Dec: 1-DLE discussion

2-National Women Council

Jan: 1-Attended TSRHRT in pre-winter camp

2-Attended winter NGA

Feb: Sessions team in AUSSS LEVEL-UP CB camp

March:1-Attended world health day workshop

2- Volunteered in Hakawy events AUSSS x Caring hearts event.

Apr: 1- Attended MHASA international camp

2- Part of OC for AUSSS Midterm LGA

3- Volunteered in WHO immunization week

May: VAW/G TOT UNICEF x Misr Foundation

Love Matters virtual workshop

June: Coordinated local CSE campaign

July: 1- Coordinates inter-LC FP campaign

2- Volunteered in UNICEF Anti-Campaign

Aug: 1- Coordinated Her Plan Her Power

2- NextGen AUSSS CB camp

Sep: 1- Attended AtoP in 8th CleopaTrain SRT

2- Human first form

3- Sessions Team in end-term NGA

Motivation letter

Greetings! I wish I can speak and share joy with you all, however the burden of reality is upon me these days. I have been thinking lately- in this broken world, what have humans spared? the answer is nothing, but a better question would be; Where does change begin? Change begins within us, in small actions that grow into a great journey, an avalanche of change and a sunrise inspiring hope. This belief is why I am running for Vice President for External Affairs (EA).

Some of you might know me yet ironically my AUSSS and IFMSA story is a bit of a short one. I only started this year, and on a random day in January during my first NGA ever, I was amazed discovering the true meaning and potential within this organization.

I have gone through most of our university student activities and some NGOs, yet none drew me in enough for me to commit to a leadership role. I always aspire to inspire my peers to set in motion the wheels of change and to represent something I hold dear. For me AUSSS fits that perfectly, were our very own medical students work beyond fathomable limits around the barely manageable load of our prestigious Ain shams.

Referencing our university, I must share the brutal truth that devastates me, that most of our doctors know nothing about the work we do or the awareness we spread. Imagine attending a lecture and hearing a joke about FGM? Imagine the infectious disease risk at our hospital? Imagine the lack of health awareness and infection control in our very own Demerdash hospital? Imagine how inhumanly patients are treated sometimes?

Imagine how random and lacking our education system is? I just accidentally described SCORA, SCOPH, SCORP and SCOME.

I have some wild dreams; of gaining AUSSS the recognition and respect from doctors and NGOs, integrating all of our committees and trainers' knowledge into our curriculums and give a chance for our future health care providers to learn about these extremely essential topics. Then maybe, just maybe, these students join our LC or even just go out into the world with some vital knowledge, we inspire some to be change makers and some to advocate for their patients. I have a dream of a better world even if it is one heart at a time, one mind at a time, one campaign, one collab, one crazy idea at a time. I cannot promise magic, but I can promise you that my passion will not allow me to take any half measures in achieving this goal, and I can guarantee that I will fight for all the aspirations of our beautiful green family.

Pillars

Pillar 1: Understanding Our Starting Line

· Receiving and studying the handover to recognize were we left off.

· List all our currents externals connections and discuss them with the EB.

· Evaluating previous outcomes of all recent external affair efforts.

Pillar 2: Partnership & Stakeholder Network Development

· Analyzing which externals affairs, we currently have and our future with them.

· Stakeholder mapping & prioritization. This step involves a meeting with all local officers to list their external goals. Next, we map and set a priority list and match every external to at least a specific campaign or activity so we have a rough estimate of our yearly plan.

· Complete developing MoU with Ibrahim Badran Foundation

· Develop a clear EA communication strategy.

· Capacitate team of officials TO on how to approach externals.

Pillar 3: Strengthening EA within AUSSS

· Emphasize the importance of local EA during TO competency modules, guiding officers on how to effectively map stakeholders for their standing committees.

· Identify stakeholders who can sponsor AUSSS events and Gas and coordinate with OC on these events.

· Launch innovative fundraising activities such as movie nights, public talks, and marathons, debate nights, tournaments, and sports activities.

· Work on developing merch for the public and making limited editions so people are more interested in purchase.

· Hold one-on-one consultations with SC officers after the TO competency modules to support them in initiating external collaborations.

· Establish connections with various Ain Shams University faculties to collaborate on health-related topics.

· Motivate committee officers and subdivisions to pursue inter-LC collaborations, providing them with guidance and support throughout the process.

Pillar 4: Amplifying our exposure

· Now with VPe team and TO officer all working on developing EA we can maximize our reach and secure more collaborations.

· Develop our META accounts and formalize the appearance and increase reach to hopefully persuade more externals.

· Encourage members to sign up for IFMSA Egypt opportunities and medical conferences and EA opportunities

Pillar 5: Documentation & Continuity

· Document all external affairs partnerships, meetings, and agreements.

· Create an updated and accessible database of contacts and partnerships.

· Monitor and evaluate collaborations to ensure long-term sustainability.

· Provide a smooth handover for future terms, ensuring no external relationships are lost.